

Unscramble



Kids all around the world are now learning about the amazing science of pain. Each of the books in the Zoe and Zak's Pain Hacks series has a key message.

Unscramble the letters in the words below to find out!

T A N C L E F E N A I P T T U H O W T
M A A E D G N I Y M D B Y O !

O S N Y A M S N I G H T N C A R T N U E T H
M U V E O L F O Y M I P N A P U R O W N O D !

Y M D Y O B S H A W U O P R L F E O T T E R S C R O P !

I N C A T A N E R R I Y M D B Y O N D A R I B N A !

Y M A N T I O C L N P A S I E I F L - G N G N I C H A !

I CAN FEEL PAIN WITHOUT DAMAGE IN MY BODY!
SO MANY THINGS CAN TURN THE VOLUME OF MY PAIN UP OR DOWN!
MY BODY HAS POWERFUL PROTECTORS!
I CAN RETRAIN MY BODY AND BRAIN!
MY ACTION PLAN IS LIFE-CHANGING!

Answers: