

Brain Messages 1.



Flick back to page 13 of book 4 where it shows all the brain messages when Zoe fell on her knee.

Think about a time when you felt sore and see if you can fill in the blanks:

1. TOUCH

Your brain receives a message: _____

2. DANGER

Your brain receives another message: _____

3. HEAL

Your brain sends a message to your body: _____

4. SEE

When you look at your _____ and see _____, your brain receives a message from your eyes: _____

5. PROTECT

Your brain now has enough information that it needs to use the most powerful protector: _____! To create this feeling of pain, a bunch of messages are sent around inside your brain.

6. MOVE

Your brain sends a message to your body to use your muscles to stay safe:

7. SPEAK

Your brain sends a message to your mouth: _____